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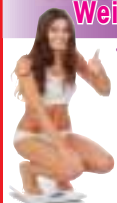
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metro

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LIFTOFF

Jets pull out a surprise win in home opener against Dolphins. 29

New York fall festival season. 24-25

City unveils Bronx Point, mixed-use waterfront. 14



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KNEEL TO THE CHIEF



After days of criticism from President Trump, NFL players took to the field with a political tone and a variety of national anthem protests. 6, 8

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NIKKI M. MASCAU, REPORTER

After the immense success of Citi Bike, other bike-share companies are champing at the bit to put their wheels down in New York City. One of them is LimeBike, and I spoke to co-founder Toby Sun about the dockless company's rapid growth — and how it would like to work with Citi Bike to get even more New Yorkers driving less and biking more. metro.us

OPPOSITION TO OBAMA-CARE REPEAL GROWS

IA proposal by U.S. Republicans to repeal and replace the Obamacare health insurance program suffered serious new setbacks within the party, when Sen. Ted Cruz expressed his opposition and Sen. Susan Collins dug in with strong criticisms of the legislation. Phil Novack, a spokesman for Cruz, confirmed that the Republican senator said at an event in Texas: "Right now, they don't have my vote,

and I don't think they have [Sen.] Mike Lee's vote, either." Politico reported that Cruz complained that the latest Obamacare repeal bill did not address his concerns about bringing down the costs of healthcare. Collins also appeared poised to oppose her party's latest replacement plan for the Affordable Care Act, former President Barack Obama's signature achievement.

PYONGYANG HOLDS ANTI-US RALLY

2President Donald Trump dialed up the rhetoric against North Korea again over the weekend, warning the country's foreign minister that he and leader Kim Jong Un "won't be around much longer," as Pyongyang staged a major anti-U.S. rally. North Korea's Foreign Minister Ri Yong Ho told the United Nations General Assembly on Saturday that targeting the U.S. mainland with its rockets was in-

evitable after "Mr Evil President" Trump called Pyongyang's leader a "rocket man" on a suicide mission. "Just heard Foreign Minister of North Korea speak at U.N. If he echoes thoughts of Little Rocket Man, they won't be around much longer!" Trump said on Twitter. Trump and Kim have traded increasingly threatening and personal insults as Pyongyang races toward its goal of developing a nuclear-tipped missile.

TOUGH LOSS

3Giants wide receiver Odell Beckham Jr. of the New York Giants completes a 4-yard touchdown pass against Jalen Mills of the Philadelphia Eagles on Sunday at Lincoln Financial Field in Philadelphia.



5 THINGS YOU NEED TO KNOW

GETTY IMAGES

ANGELA MERKEL WINS FOURTH TERM

4Chancellor Angela Merkel's conservatives secured a fourth consecutive term in office on Sunday in an election that brought a far-right party into the German parliament for the first time in more than half a century, exit polls indicated. After shock results last year, from Britain's vote to leave the European Union to the election of President Donald Trump, many look to Merkel to rally a

bruised liberal Western order and lead a post-Brexit Europe. Merkel's conservative bloc - her Christian Democrats and their Bavarian allies, the Christian Social Union - won 32.5 percent of the vote, making them by far the largest parliamentary group, according to an exit poll for the broadcaster ARD. Their closest rivals, the center-left Social Democrats, slumped to 20.0 percent — a new post-war low.

US AIRSTRIKES KILL 17 ISIS MILITANTS IN LIBYA

5U.S. airstrikes on an Islamic State desert camp in Libya killed 17 militants and destroyed three vehicles, the U.S. military said. U.S. Africa Command said in a statement that strikes on Friday targeted a camp 150 miles southeast of Sirte, a city that was once the Islamic State stronghold in Libya. The camp was used to move fighters in and out of Libya, plot attacks and store weapons, the statement said. "ISIS and

al-Qaeda have taken advantage of ungoverned spaces in Libya to establish sanctuaries for plotting, inspiring and directing terror attacks," the statement said, using an acronym for Islamic State. The last known U.S. strike in Libya was on Jan. 19, a day before Trump's inauguration, when more than 80 Islamic State militants, some of whom were believed to be plotting attacks in Europe, died in U.S. airstrikes on camps outside Sirte.

POLLS

As the National Football League struggles to explain this season's downturn in viewer ratings, 34% of American adults say they are less likely to watch an NFL game because of the growing number of protests by players on the field.

34%



Source: Rasmussen Reports national telephone and online survey

1746-1817

[kosh-choosh-koh]

KOSCIUSZKO

BRIDGE TO FREEDOM



If you live in New York you know the name KOSCIUSZKO. Whether you enjoy the city's newest bridge or feel nostalgic for the old one, take a moment to consider its namesake - Polish-American Brigadier **General Tadeusz Kosciuszko**. As a fighter for Polish and American freedom, Kosciuszko endeavored to find common ground among people of different races and creeds. He said: "Each of us is born equal. Only education creates a difference." In his will, he left his money to free slaves, educate them, and give them a fair start in a democratic society.

He contributed significantly to the relationship between Poland and America. The new Kosciuszko Bridge connecting Brooklyn and Queens is a meaningful tribute and a symbol of linking diverse, united communities. As the engineer who designed the fortifications at West Point - Tadeusz Kosciuszko would have certainly approved!

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NFL players respond to Donald Trump with more anthem protests

Days after President Trump called for the firing of players who kneel during the national anthem, the NFL emerged with a political tone.



JOE PANTORNO
@joepantorno
joseph.pantorno@metro.us

What once was a silent form of protest performed by Colin Kaepernick to address police brutality, NFL players kneeling for the national anthem have taken on a whole new cause.

The league and Donald Trump are virtually at war after the president's comments over the past few days. And players around the NFL took action on Sunday.

At a rally on Friday night for Senator Luther Strange in Huntsville, AL, Trump got on the topic of players around the NFL kneeling for the anthem shortly after he rescinded an invitation to the White House for the 2017 NBA champion Golden State Warriors: "Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say, 'Get that son of a bitch off the field right now, out, he's fired,'" he said.

On Sunday morning, he doubled down on his comments, tweeting for fan support: "If NFL fans refuse to go to games until players stop disrespecting our Flag & Country, you will see change take place fast. Fire or suspend!"

Countless players fired right back on social media, including Green Bay Packers tight end Martellus Bennett tweeting that he was "OK with being fired for what I believe in."



Keenan Robinson and Brandon Marshall of the Giants link arms during the national anthem on Sunday. GETTY IMAGES

Plenty of owners also came forward, including New England Patriots owner and friend of Trump Robert Kraft, who

admitted he was "deeply disappointed by the tone of the comments made by the President."

But the real rebuttal began at 9 a.m. ET with the Jacksonville Jaguars and Baltimore Ravens

getting the Sunday portion of Week 3 in London, England. Members of both teams knelt or locked arms in a sign of unity, including Jaguars owner Shahid Khan.

In Chicago, Pittsburgh

Steelers head coach Mike Tomlin alerted CBS that his team would not leave the locker room for pregame festivities, stating that "we're not going to play politics."

However left tackle Alejandro Villanueva, who served in the Army, stood near the tunnel with his hand over his heart.

Teams around the league followed suit by either standing with arms linked, displaying raised fists or kneeling.

"[I am] OK with being fired for what I believe in."

Martellus Bennett, on Twitter



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					2 people	\$32,195 – \$45,840
	2 bedroom	\$1,065	17	➡	2 people	\$38,503 – \$45,840
					3 people	\$38,503 – \$51,540
				4 people	\$38,503 – \$57,240	
3 bedroom	\$1,224	2	➡	3 people	\$44,538 – \$51,540	
				4 people	\$44,538 – \$57,240	
				5 people	\$44,538 – \$61,860	
				6 people	\$44,538 – \$66,420	

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					2 people	\$26,640 – \$38,200
	2 bedroom	\$870	4	➡	2 people	\$31,818 – \$38,200
					3 people	\$31,818 – \$42,950
				4 people	\$31,818 – \$47,700	
3 bedroom	\$1,000	1	➡	3 people	\$36,858 – \$42,950	
				4 people	\$36,858 – \$47,700	
				5 people	\$36,858 – \$51,550	
				6 people	\$36,858 – \$55,350	

¹ Rent includes gas for cooking and heat.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

¹ Rent includes gas for cooking and heat.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to:** Pitkin-Berriman Apartments, c/o T.U.C. Management Company, Inc., 4 Executive Blvd., Suite 100, Suffern, NY 10901. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **November 27, 2017**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español

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简体中文

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Русский

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한국어

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العربية

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Mayor Bill de Blasio
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Buffalo Bills players kneel during the national anthem before an NFL game against the Denver Broncos on Sunday.
GETTY IMAGES



TRUMP'S AMERICA

KNEES ACROSS AMERICA

The president has doubled-down with his attacks aimed at kneeling NFL players.

Sometimes, even the reddest meat goes rancid. Sometimes, even the cheapest political ploy can blow up in your hands.

So it was with Donald Trump's racially coded pandering this weekend against black professional athletes who chose to take a knee as the national anthem was played.

Trump launched his latest vulgar tirade in northern Alabama on Friday night: "Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say, 'Get that son of a bitch off the field right now. He is fired. He's fired.'" The athletes' silent protests, the president roared, are a "total disrespect of our heritage, a total disrespect of everything that we stand for."

"Our" heritage? Everything that "we" stand for? At a Republican rally in Alabama! If that's not racially divisive language, I don't know what is.

Trump followed up with a weekend-long Twitter storm. After dis-inviting the NBA's Golden State Warriors' Steph Curry from the White House, the president doubled-down against the football league: "If a player wants the privilege of making millions of dollars in the NFL, or other leagues, he or she should not be allowed to disrespect our Great American Flag (or Country) and should stand for the National Anthem. If not, YOU'RE FIRED. Find something else to do!"

"Privilege ... disrespect ... not be allowed ... our flag." Yes, this was definitely the same president who blamed "many sides" for the white supremacist violence in Charlottesville.

ANALYSIS



ELLIS HENICAN
@henican

Just because a player earns a lot of money means he forfeits his right to think, speak or kneel?

But here's the cheery part, the part that clearly caught the president by surprise: All Trump's hostility backfired on him. NFL Commissioner Roger Goodell called the president "divisive." Trump's good pal, Patriots owner Robert Kraft, said he was "deeply disappointed" in the president. The 32 team owners all stood firmly by their guys.

Even people who hated pro football were suddenly tuning in on Sunday, wondering how many other players would take a knee before the game. A bunch of "privileged" and "disrespectful" athletes had just shown the president what America actually means.

Metro columnist Ellis Henican is the best-selling author of a dozen books including the upcoming "Trumpitude: The Secret Confessions of Donald's Brain." He is on Twitter @henican.

"Total disrespect of our heritage, a total disrespect of everything that we stand for."

President Donald Trump

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LimeBike rides its national growth with attention on New York City

"We respect what Citi Bike has done, and we would be very happy to cooperate with them in the city," co-founder Toby Sun said.



NIKKI M. MASCALI
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With Citi Bike nearing 50 million total rides since its 2013 launch, it's safe

to say that New Yorkers love cycling around town. And with the success of the program, other bike-shares are now champing at the bit to get their wheels on the ground.

Among them are Spin,

which last month tried to hold a pop-up demonstration in the Rockaways, and LimeBike, which has been in talks with officials to bring its lime-green bicycles to town, co-founder Toby Sun told Metro.

"We're thrilled to have the potential opportunity to serve New York," he said. "We've been doing a lot of communication with city officials, the Department of Transportation and also the people, so it's not just getting the city on board but the community and local businesses."

Since it was founded in San Mateo, California, in January, LimeBike has rapidly expanded from its first location on the campus of the University of North Carolina at Greensboro in June to serve 17 markets across the country, including nine cities and eight colleges.

"So far we've done 400,000 trips in total in three months and over 200,000 users registered, and we see over 13,000 trips a day," Sun said.

It launched in its first major East Coast market, Washington, D.C., last Thursday, and Sun hopes New York isn't too far behind — if approved by city officials.

"I don't know the exact date," he said. "We hope as soon as possible, but we're patient. When we go into a new market, we make sure the stakeholders, the users and the community see what's coming and work together to not ruin a good program by not mismanaging that."

The contract Motivate, the company that operates Citi Bike, has with the city gives it exclusivity for the first two phases of its expansion, which will be completed by yearend.

Beyond this year, "the DOT is evaluating the viability of the newest gen-

eration of bike-sharing technology in order to expand the system," a representative told Metro. "This includes meeting with the industry, though our immediate focus remains the continued expansion of [Citi Bike's] Phase II, which began this month."

Unlike Citi Bike, which must be picked up and returned at one of its 600 docking stations in Manhattan, Brooklyn, Queens and Jersey City, LimeBike is dockless, meaning users can pick up and drop off the bicycles at just about any bike rack or designated area — with no additional costs to the city or taxpayers.

After entering their credit card info into LimeBike's iOS or Android app, riders can locate nearby bicycles and scan its QR code or enter its plate number to unlock it. After the ride, which costs \$1 each or \$0.50 for 30 minutes for students with a valid .edu email, they can then leave the bike at an appropriate location and press the lock on the back wheel to end their trip.

The company also offers LimePrime, which gives 100 rides for \$29.95 per month or \$14.95 for students.

Comparatively, Citi Bike offers a \$12 day pass with 24-hour access and a three-day, 72-hour pass for \$24. Both feature unlimited 30-minute rides, with each additional 15 minutes an extra \$4. Annual membership is \$163 and includes the first 45 minutes of each ride. Each additional 15 minutes is \$2.50.

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LimeBike serves 17 markets across the country, including nine cities and eight college campuses, and hopes to add New York City soon. **PROVIDED**

THE MISSING HUDSON YARDS 7-TRAIN INTERMEDIATE SUBWAY STATION

The public, transit riders, transit advocacy groups and the media were unaware of a key MTA senior management decision.

There is more to the second anniversary for Metropolitan Transportation Authority New York City Transit starting service on the No. 7 subway line to the new 34th Street–11th Ave Hudson Yards station in September 2015 that few remember.

The original cost of the overall project was \$2.1 billion and ended up at \$2.4 billion not counting the subway station that had to be dropped from the original scope of work along with additional subway cars necessary to provide opening day service for transit riders. Neither NYC nor the MTA could find \$500 million to cover the proposed new intermediate subway station to be built at 10th Avenue and 41st Street.

This station was part of the original project. One trick used by transit managers to complete any project within budget, is to drop a portion of the original work. This saves the necessary dollars which were not available to deliver 100 percent of what was originally promised. Deletion of this second station kept the project cost at \$2.4 billion rather than \$2.9 billion.

Construction started in 2007 with a planned completion date of December 2013. The anticipated first day of

LARRY PENNER

Analysis

Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation.



public service slipped several times from this date. First, by six months to June 2014; second, eight more months to February 2015; third, four more months to June 2015 and finally Sept. 13, 2015.

What the public, transit riders, transit advocacy groups and the media are unaware of is the MTA's senior management decision when the project was in the planning stage several years prior to 2007. They instructed staff deliberately not to follow the federal National Environmental Protection Act process or enter the Federal Transit Administration New Starts process. The MTA did not want to go after New Starts funding for this project. This would have had this project compete against both the Long Island Rail Road East Side Access to Grand Central Terminal and NYC Transit Phase

One Second Avenue Subway projects for Federal Transit Administration New Starts funding.

The MTA could have leveraged the \$2.4 billion in locally committed funding to apply for up to \$500 million in

federal New Starts funding. Using \$2.4 billion as local share would have demonstrated local commitment, financial capacity and significant over match for justification of these additional dollars from Washington.

These funds could have convinced the Federal Transit Administration to provide \$500 million in federal funding that would have paid for the deleted station at 10th Avenue and 41st Street.

Without construction

of the deleted intermediate station, riders and taxpayers continue to question if \$2.4 billion for an extension of a mile and a half, including one additional station built 21 months behind schedule, was worth the cost.

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MTA workers unwrap the subway sign for the new 7 train stop at Hudson Yards. EMILY ANNE EPSTEIN/METRO

'Demand Soars For Innovative Arthritis Treatment FDA

NYC Pain MD doctors offer powerful, cutting-edge arthritis treatment... prepares for over

By Matt Edgar
America's Health Writer

Arthritis sufferers can't get it fast enough and doctors offering it can't keep up with the demand. "Results are better than even I anticipated" noted one of the treating docs at the *NY Pain MD* Center for Non-Surgical Medical Relief Of Spine And Joint Pain with two locations right here in NYC.

He was referring to their innovative arthritis treatment program featuring Advanced Image-guided "Visco-Supplementation" at the conveniently located clinics..

"The response continues to be overwhelming. Once patients found out there was an FDA cleared, doctor-administered arthritis treatment that actually works – without the side effects of oral pain pills or risks of replacement surgery - and has enough scientific research that it is covered by many insurances and even Part B Medicare – the offices continue to be deluged with arthritis pain sufferers wanting to find if they, too, can be helped. And newer research indicates it can help hips, ankles and shoulders as well".

What Is This Treatment And How Does It Work?

If you are suffering with knee (or other joint) arthritis and pain, you are not alone. Degenerative joint disease or "arthritis" affects 21 million Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease (and the ranks of much younger victims of this progressive disorder continue to grow significantly).

The worst thing is: Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life

And up until now, treatment options have not been that good... or that appealing to most patients. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it's time to surgically replace the knee joint.

But Now Things Have Changed

Osteoarthritis is a joint disease that mostly affects the cartilage. Cartilage is the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber. Your "normal" knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick, gel-like solution that cushions and lubricates the joint—much like oil lubricates the engine of your car.

In osteoarthritis, the synovial fluid loses its lubricating properties and "dries up" allowing the cartilage to break down and wear away. This is *like running your car with little or no oil*. Now as you attempt to use your knee(s), there is not enough lubrication causing the bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain. Pain pills do NOT lubricate the joint or fix the problem. They simply mask the pain so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

"Visco" Is Very Different

And here is why: It contains hyaluronate, one of the two natural lubricating agents found in your own synovial fluid. Viscosupplementation is precisely introduced directly in to your knee joint in a series of 3-5 treatments (depending on severity) over a 4 to 6 week period. This instantly cushions the joint, reduces friction and allows greater motion with less pain or no pain at all in some cases.

This treatment not only lubricates the joint, but it acts as a shock absorber helping reduce grinding, inflammation and pain. **Here's something very important to consider:** Even though these lubricating medicines are non-toxic natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched and produced by pharmaceutical companies, FDA cleared and can ONLY be administered by a qualified Doctor.

What's Results Can You Expect?

According to one developers and manufacturers of these special gel medicines ... "A course of treatment –will relieve pain in a majority of patients for 6 months without the safety concerns of non-steroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect is likely to last even longer than 6 months." And the best part is: Since these gel lubricants are natural substances; they can be used over and over when necessary without risk. If it works for you, you may be able to look forward to years with less pain.

Who Should Consider Viscosupplementation... Where Can You Get It And...When Should You Start?

You should certainly consider The *NY Pain MD* method if you have been diagnosed with knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness, swelling, difficulty walking or climbing stairs or loss of motion in the knee – you should have an examination to determine what the cause of your problem is. If you have any of those issues mentioned, there is a very good chance you already have or are starting to get arthritis.

Very Important – Do Not Wait - Here's Why ...

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments may be able to help the knee heal and possibly, slow the arthritis thus help avoid joint replacement surgery. In other words, the sooner you start – the better. Does the procedure hurt? A local anesthetic is given to numb the area and the procedure is virtually painless. Most patients say it feels like nothing more than a slight "pinching" sensation... that's it.

Why Treatments At NYC Pain MD Are So Extremely Precise

Our doctors are particularly well-trained in a state-of-the-art digital fluoroscopic imaging - also known as Precision Arthritis Targeting - which allows them to see directly inside the joint during the procedure and get the natural cushioning medicine exactly where it needs to go. This makes sure treatments have the best possibility for maximum success. This is crucial because studies indicate that when doing these types of procedures - without digital imaging - it can miss the

Read This If You Have Already Had Treatment Without Good Results

Even if you've failed Synvisc, Supartz, or other arthritis programs or had "blind" procedures, good results may still be possible when using *NY Pain MD* methods utilizing Precision Arthritis Targeting Technology (P.A.T.T). To achieve the best results.

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overwhelming demand as news of it's impressive results spread across NYC and Tri-State Area

joint space up to 30% of the time rendering the treatment outcomes less effective.

How To Check Out This Breakthrough Treatment And See It Is Right For You For FREE

All the doctors at **NY Pain MD** are extremely excited about the response and results with this wonderful treatment and would like to share it with as many arthritis sufferers as possible.

Here's How To Get A Free Screening at **NYC Pain MD**

Simply call 877-503-3720 and when Aura, Travis or Priscilla answers the phone tell them you want your No-Obligation “Knee Pain Screening”. Discover if The **NYC Pain MD** Program can ease your knee arthritis pain like it has already done for so many others.

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But There Is A Problem...

Even though this advanced treatment can help many patients, it is not a wonder cure or a magic wand. It does not help everyone. For that reason, every potential patient should have a complete examination. You will only be accepted if we feel you are most likely to get the pain relief and outcome you are looking for.

That's why **NY Pain MD** would like to invite you to come in for a knee arthritis screening at no cost to see if you actually are a candidate for comprehensive evaluation and possible treatment. All you have to do is call 877-503-3720 right now and when the scheduling coordinator answers the phone, let them know you want to schedule a “**NY Pain MD Knee Pain And Arthritis Screening.**” They will know exactly what you are talking about and schedule you for our first time available. During this time you can get all of your questions answered in a warm, friendly environment and begin to find out if the **NY Pain MD** protocol is right for you. But if you would like to do this, you should call right now. The demand for this procedure has been overwhelming with hundreds calling weekly. Since our doctors cannot possibly screen everyone and we always make sure to give every single patient the personal attention they deserve, we have to limit these encounters. Therefore, the number of No-Cost,



No Obligation screenings is limited to just 20. But... just imagine how it would feel to have much, if not all, of your knee pain finally gone. Imagine going to bed and being able to sleep through the entire night – and waking up refreshed and energized... ready to take on the brand new day ... without the arthritis pain that's been terrorizing you and ruining your life. And imagine finally knowing you have a treatment to manage the pain caused by your knee arthritis. Well, you may not have to just “imagine” any more... because our specialized medical regimen could be the answer you've been looking for. If you'd like to find out - at no cost to you - if we can help, simply give **NY Pain MD** a call at 877-503-3720 right now. Why wait one more day in pain when you may not have to? Call now before someone else gets your spot.

One More Thing & This Is Important...

Ever since offering this innovative treatment, our office has been flooded with calls. For that reason, if when you call, the lines are busy or you get voice mail... just keep calling back. The possibility of living pain-free is well worth the effort it may take to get through to **NY Pain MD** schedule your No-Cost, No-Obligation screening.

And don't forget: The special treatments are covered by many insurances and even Part B Medicare for qualified candidates. To schedule your No-Obligation screening and consultation, call to speak to one of our scheduling coordinators.

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A RUSSIAN HOAX? HARDLY...

President Trump is not fond of shaking hands, claims his political rallies are always “yuge,” and apparently believes he really won the popular vote despite overwhelming evidence to the contrary. And in that same iconoclastic way, he is once again raging about the “hoax” of Russian interference in the U.S. election. Oh sure, the FBI, the CIA and the NSA all say the Kremlin was leaning on the scales to help Trump and to hurt Hillary Clinton. And yes, plenty of independent intelligence analysts believe those assessments. Still, the president insists Clinton lost entirely because she ran a bad race and he ran a better one; the Russians had nothing to do with it.

But it looks like most Americans now think he's wrong.

A new CNN poll by SSRS found 54 percent of those surveyed believe “it's very or somewhat likely that ... Russia-backed content on Facebook or other social media affected the 2016

TOM FOREMAN

Analysis



presidential vote.” As you might expect, the partisan divide is deep. Republicans are far, far more skeptical than Democrats. But independents tilt toward the Dems on this one, with 55 percent accepting the idea of Russian meddling. While “affected” is admittedly a vague word, the implication is clear: They don't believe claims that this is all some nefarious hoax against Donald Trump perpetrated by political opponents, the news me-

dia or anyone else ... for example, Kim Jong Un.

To be clear, even the Democrats have a lot of doubts about whether any voters changed their minds about whom to back based on these shenanigans. Clinton thinks Team Trump was colluding with the Moscow crowd, but whether she would have won without Russian meddling is unknowable. Even if you could interview each of the 128,838,341 people who voted (take your time ... I'll wait) they would all have to be honest about their motivations — and many would candidly not know why they finally voted as they did.

But grappling with and investigating the Russian activity is not about arguing, delegitimizing or litigating the past election. It is about securing the future of our electoral process. And whether the president agrees or not, most of us think that means looking very closely at how the Russians got in — and how we can keep them out.

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City unveils Bronx Point, a mixed-use South Bronx waterfront destination

The long-vacant site on the Harlem River will house the Universal Hip-Hop Museum, green space, a food and beverage hall, affordable housing and more.



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A long-vacant tract of land along the Harlem River in the South Bronx is on its way to becoming a mixed-use destination, the New York City Economic Development Corporation announced Friday.

Known as Bronx Point, the site will be home to the Universal Hip-Hop Museum, public green space, a multiplex theater, a food and beverage hall curated by Anna Castellani of Foragers Markets that will feature Bronx-based small food vendors, education space, more than 600 units of affordable housing and more.

Bronx Point will be located in the Lower Concourse neighborhood near Mill Pond



The long-vacant site on the Harlem River will house the Universal Hip-Hop Museum, green space, a food and beverage hall, affordable housing and more. **NYCEDC**

Park, the 145th Street Bridge to Harlem, Bronx Terminal Market and Yankee Stadium.

"Over the last two years, NYCEDC has worked with the South Bronx community to address the area's most pressing needs: affordable housing and waterfront access," NYCEDC President and CEO James Patchett said in a statement. "Today, we are excited to announce the activation of this long-

vacant waterfront site with high-quality public open space, over 600 units of permanently affordable housing and a range of cultural facilities that pay homage to the boogie down Bronx."

The winning proposal for Bronx Point is a joint venture between L+M Development Partners and Type A Projects.

More than 100 jobs are expected to be added to the South Bronx when the destination opens,

and its first phase will create more than 900 construction jobs. Hire-NYC, an NYCEDC workforce program, will help connect residents to the available opportunities.

There is no ETA as to when Bronx Point will open, but it is currently in the public land use review process and has been approved by Community Board 4, Borough President Ruben Diaz Jr. and the City Planning Commission.



Planes sit on the runway at John F. Kennedy International Airport on June 5, 2017, in New York City. **GETTY IMAGES**

JFK Airport ranks low on passenger satisfaction, according to a new report

If you've traveled through Logan Airport in Boston or JFK in New York City lately and had a less-than-thrilling experience, you're not alone.

A new report from J.D. Power ranked the two large Northeast airports near the bottom for overall passenger satisfaction.

The 2017 North America Airport Satisfaction Study ranks traveler satisfaction with "mega," large and medium airports on six factors: terminal facilities, airport accessibility, security check, baggage claim, check-in and baggage check, food, beverage and retail.

Out of 18 "mega" airports, meaning those that handle more than 32.5 million annual passengers, Boston Logan came in at 14 and JFK at 15.

The report scored each airport out of 850 points determining overall satisfaction; Logan earned 733

and JFK earned 727.

Coming in worse than Boston and New York were Chicago's O'Hare International Airport, Los Angeles International Airport and, in last place, Newark Liberty International Airport. The top spot for satisfaction across mega airports went to Orlando International Airport with a score of 778.

In the large airport category, John Wayne Airport in Orange County ranked first and LaGuardia in New York City landed last. In the small airport category, Sacramento International Airport took the top spot and Bradley International Airport in Connecticut landed on the bottom.

Though Boston and New York are low on the list, there's still good news: Overall passenger satisfaction has reached an all-time high, the report found. **KRISTIN TOUSSAINT**



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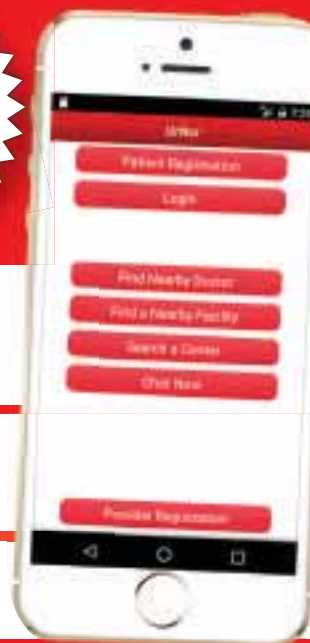
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Pablo Escobar's brother orders Netflix not to shoot series in Colombia after 'Narcos' murder

Pablo Escobar's brother, Robert De Jesus Escobar Gaviria, has issued an ominous warning to Netflix, telling the company to keep out of Colombia because it is too dangerous.

The 71-year-old made these comments in the wake of the death of Carlos Munoz Portal, a location manager that was looking for places to shoot the upcoming new season of "Narcos." After being asked whether Colombia and Mexico were too dangerous for Hollywood to use as locations, Gaviria insisted that studios should only make content about him or his brother after their request

is granted by Escobar Inc.

"I don't want Netflix or any other film production company to film any movies in Medellin or Colombia that relates to me or my brother, Pablo, without authorization from Escobar Inc. It is very dangerous. Especially without our blessing. This is my country," he declared.

The Hollywood Reporter also asked Gaviria what precautions and extra security measures "Narcos" could implement to keep their crew safe, to which he responded, "You have to eliminate all threats. When I was walking in the jungle

one day, I had a bag with \$2 million in \$100 bills. The army was searching for me and Pablo at this time. Suddenly, we are being shot at."

"Both me and Pablo, along with a few security people, start running toward a small channel

of water, we swim away. This was all done without guns. If you have the intellect, you don't need to use weapons. If not, you have to. In this case, Netflix should provide hitmen to their people as security."

Gaviria also previously demanded \$1 billion from

Netflix in 2016 because they'd used Pablo Escobar's likeness and story without permission from the family. Gaviria's update on the legal dispute was also threatening, because even though he admitted that the two parties are still in discussions about the case,

he added, "If we don't receive it, we will close their little show."

Even though "Narcos" Season 4 has already been confirmed, Netflix still hasn't announced its release date. If Gaviria has his way, they never will.

GREGORY WAKEMAN



Netflix chronicles the rise of the cocaine trade in Colombia and the gripping real-life stories of drug kingpins of the late '80s in "Narcos." **NETFLIX**

QUEENS

Queens landlord found dead after Ozone Park fire

A Queens landlord is dead after a fire began in the basement where he was sleeping.

First responders were called at 2:36 a.m. on Sunday to an Ozone Park home where firefighters were able to control the blaze in a matter of hours, but Mohinvei Singh, 68, didn't make it to safety, his body having been found inside the building.

"I think they were not able to see where he was sleeping," said resident Harish Kumari to CBS2. "The wife came out, but she

couldn't find him. So, we were asking her where he is, she said he's somewhere in there, we can't see, it's all smoke."

The blaze awoke two first-floor tenants who said smoke began to pour into their apartment.

"I was sleeping, she woke me up, it was all smoky so we just rushed downstairs," said tenant Harish Kumari to ABC 7, referring to the other resident. "I didn't know what to do so I just put my flip flops on and came out."

Authorities are still investigating what caused the fire.

AMY RUSSO



A Sunday morning fire left one person dead in Ozone Park. **BILLY BECERRA/METRO**

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Let 'The Opposition' Commence

"Daily Show" alum Jordan Klepper and his team of citizen journalists are ready to take on late night TV.



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Jordan Klepper's desk has a prop vintage microphone, reminiscent of the McCarthy era, and stacks of earmarked print-outs that hint at "crazed conspiracy theorist." The background of the set for his new late-night show,

"The Opposition with Jordan Klepper," which airs Sept. 25, looks very much like the barrel of a gun. Which is decidedly on-brand for this show.

The studio, situated between a rundown souvenir shop and a salon called Nail & Stuff, is located on the second floor in the Grand Ballroom, an anachronistic name for a space which now opens up onto a linoleum tiled, security-enforced holding room, complete with metal folding chairs.

But through the cattle-herding-inspired

audience-holding room is a happy surprise — a sleek, spacious, set with a thoughtful design — a very happy surprise. (According to one Comedy Central representative, the studio was last home to Food Network's Worst Cooks in America, and Klepper's team had to work hard to upgrade not only the look of the studio, but also the smell.)

A former "Daily Show" correspondent, Jordan Klepper, 38, describes how the idea for the show spawned from his work interviewing Trump supporters at

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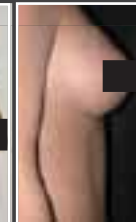
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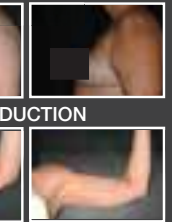
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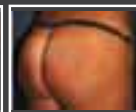
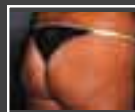
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The gang is all here, starting tonight at 11:30 p.m. GAVIN BOND/COMEDY CENTRAL

rallies during the 2016 election. He became fascinated with where these supporters were getting their information, and what exactly was defining their worldview.

Turns out it wasn't traditional news. "[There are] other sources like InfoWars, Breitbart, the Blaze, internet sources, Facebook feeds," he said. "Ways in which they could go into the internet and get the stories that they wanted fed back to them."

He found that those nontraditional outlets were fueling the alt-right landscape. And naturally, he wanted to shed light on this arena through comedy. The Opposition intends to answer the question, "What if an alt-right,

anti-mainstream opportunist was given a late night talk show?"

Before you write off Klepper's induction into the white-man-hosting-another-late-night-show hall of fame, the series promises a clear idea of how it will separate itself from the ever-expanding buffet of satirical comedy shows. Its cast of characters will be sure to entertain, subvert, and hopefully enlighten their audiences.

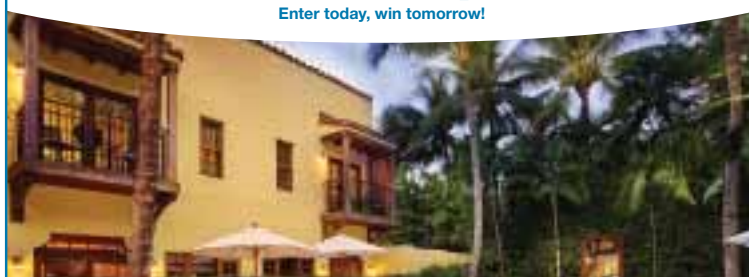
And that's perhaps the most exciting aspect of the series: The diverse talent represented in the cast of "citizen journalists." Hailing from improv and sketch comedy backgrounds, Tim Baltz, Kobi Libii and Nicole Thurman (all from Second City)

will be joined by Laura Grey, Josh Sharp, and Aaron Jackson (hailing from Upright Citizens Brigade). Each citizen journalist will bring a different archetype from the alt-right to life: from fame-hungry provocateurs to thrill-seekers to beta-alpha males (a term delightfully coined by Baltz).

TL;DR: If you like laughing as the world burns, if you like Klepper's work on "The Daily Show" and want to see his character enhanced with a bigger blind spot, "a dash of paranoia and a lot of overconfidence," hold onto your guns and/or pride flags and get thee ready for "The Opposition." Maybe it's just what our country needs right now.

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Fall into fun

Take a spooky day trip to Van Cortlandt Manor in Croton-on-Hudson for the Great Jack O' Lantern Blaze, which will light up the 18th century estate weekends from Sept. 29 through Nov. 25. **FACEBOOK**

A haunted pumpkin patch comes to the city and more highlights of the fall festival season.



VA KIS
@thisiskis
eva.kis@metro.us

Many of us didn't wait until the start of fall on Sept. 21 to bust out the sweaters and Pumpkin Spice Lattes. Now that it's officially here, there's tons of seasonal fun kicking off with apple harvests, pumpkin patches and fall festivals right in the city and just a short trip beyond.

Scarecrows & Pumpkins
Every weekend beginning Sept. 30 through Halloween, you can get up close with the "spooky" creatures of the season like bats and reptiles at the New York Botanical Garden. Plus, find the biggest pump-

kins during the annual Giant Pumpkin Weekend (Oct. 21-22), when the largest pumpkins from around the country — some weighing in at more than a ton — arrive at the garden,

is not far behind — so get both done at Harvest Moon Farm & Orchard in Westchester County. Swing by on weekends in September when this charming eco-conscious farm holds its fall festival with hayrides, kids activities, live music (Saturdays), apple cannons, cider tastings, fresh baked pizzas (Saturdays) and a barbecue. \$5-\$10, 9 a.m.-4:30 p.m., 130 Hardscrabble Road, North Salem, New York, harvestmoon-farmandorchard.com



Harvest Moon's Fall Festival **BEN HIDER**

with Q&A sessions with the growers. Through Oct. 30, \$20-\$25, nybg.org

Harvest Moon's Fall Festival
It's apple-picking time — and pumpkin season

Great Jack O'Lantern Blaze
For the most spectacular pumpkin display, head out to Van Cortlandt Manor in Croton-on-Hudson, where some 7,000 gourds have been carved to commemorate the biggest pop culture moments of the year and illuminated throughout the 18th



century estate. The walk-through experience along wooded pathways, orchards and gardens takes you past creepy fields of traditional Jack O'Lanterns and larger-than-life pumpkin sculptures like the Pumpkin Zee Bridge, Statue of Liberty and the all-new fully functional Pumpkin Carousel. This event sells out quickly, so hustle. *Sept. 29-Oct. 1, 5-9, 12-31, Nov. 2-5, 9-12, 17-18, 24-25, 525 S. Riverside Ave., \$22-\$27, hudsonvalley.org*

Night of 1,000 Jack-o'-Lanterns

This October, the pumpkin patch is coming to you. For the first time, the haunted gourd extravaganza that is The Rise taking place at Old Westbury Gardens will have a smaller outpost on Governors Island for five days. Local artists are channeling their spooky creativity to create the Night of 1,000 Jack-o'-Lanterns, hand-

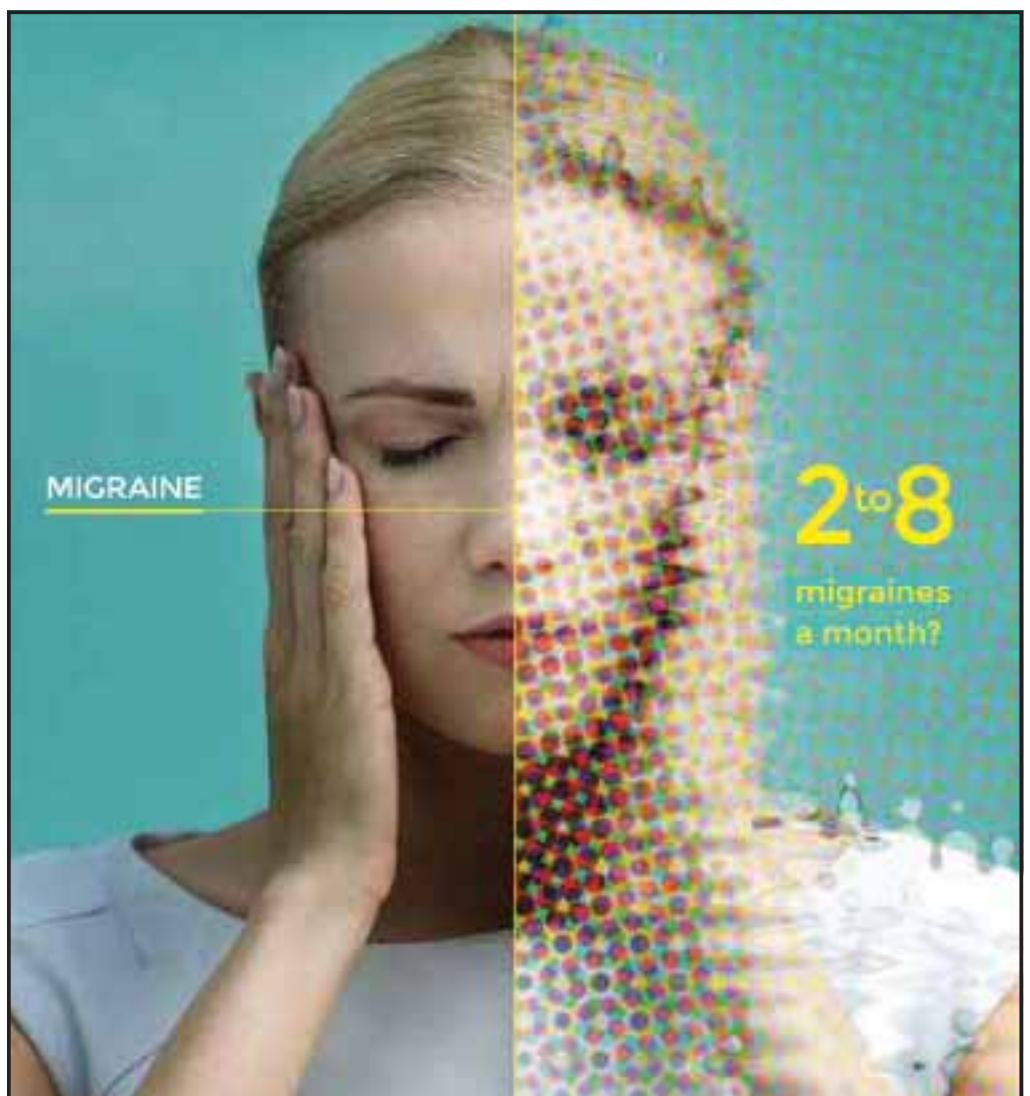
carving and painting pumpkins to spook and delight visitors amid the historic buildings of the island. *Oct. 26-29, ferry at 10 South St. to Governors Island, \$20-\$26, therise.org*

Ghouls & Gourds 2017

At this music and harvest festival, the Brooklyn Botanic Garden dons its fall finery to host Ghouls & Gourds 2017. Groove to two stages of live music and entertainment, including the Louisiana zydeco sounds of Jeffrey Broussard and Creole Cowboys and a woodland waltz led by the Mettawee River Theatre Company. Expect to see tons of nature — and Halloween-themed fun and frolics like rutabaga skeeball, helping to build a giant spiderweb and what's promised to be "Brooklyn's wackiest costume parade." *Oct. 28, noon-5:30 p.m., \$20-free kids under 12, 990 Washington Ave., Prospect Park, bbg.org*



Great Jack O' Lantern Blaze



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How to use your hyperactivity to advance your career

Harness your ADD and ADHD so you can kill it professionally.

PAT KING
@MetroNewYork
letters@metro.us

Hyperactive disorders like ADD and ADHD have carried complicated stigmas. If a child is labeled with one of these syndromes, it generally brands them as the uncontrollable spaz who disrupts classrooms and pays no mind to the benefits of having a never-ending well of energy.

It's a narrative that needs some reshaping, and that is exactly what entrepreneur Peter Shankman has been doing with his popular podcast, *Faster Than Normal*. He has set out to help people understand that both of these disorders "are a gift, not a curse." The success of the podcast has allowed him to write "Faster Than Normal: Turbocharge Your Focus Productivity and Success With the Secrets of the ADHD Brain," a book filled with advice for those who need it.

"When I was growing up in the '70s and the '80s, I was a public school New York City Kid and ADHD didn't exist," remembers Shankman. "It was 'sit

down, you're disrupting the classroom.'"

It's a story many who have struggled with hyperactivity understand. And those who are just now joining the workforce have always lived with a negative attitude toward their Roadrunner-style attention spans.

"My weird quirks and the things that drove my mom crazy were ways of self-medicating," Shankman says. "I was the class clown, and what I was doing was working toward getting the adrenaline or serotonin that my brain craves but doesn't get because of ADHD."

He believes those who view hyperactivity as a detriment do not see it as the superpower it really is. "We can hyper-focus sharp enough to melt steel," he says, and with all of his success, it's hard to disagree with him.

But with an overactive mind, you run the risk of losing productivity or worse, developing habits that could derail your life if they are not corrected. For Shankman, the ground rules he has set for himself are "eating cleanly" and cutting alcohol out of his life.

"You have to understand what your triggers are. That's why I don't

drink, because I don't have one drink," says Shankman. "I tell people I have two speeds: 'namaste' and 'I'll cut a b—.'"

So what advice does he have for people who may need to harness their wild energy in a constructive way? He believes that by depleting your brain of its frantic energy you can clean your slate and hone your razor-sharp focus.

"Early morning exercise for me is a given. I have to do it," he explains. But with more monotonous situations, he has other effective methods. "Before I go into a boring meeting I don't want to attend," he says, "I'll walk up the stairs, I'll do 20 jumping jacks, anything to alter that brain chemistry."

Shankman believes his book is not only for people with hyperactivity disorders but for "regular people who want to get four hours of their day back for productivity." By harnessing your restless energy, you can actualize your creativity and crush it professionally. Don't believe him? That's how he wrote this book. "This book," he says, "was written in two round trips to Asia in its entirety." With results like that, who says you need to "sit down"?

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The best ways to use your driver's license to make money

Clean out your backseat. It's time to rake in some cash.

PATRICK KING
@MetroNewYork
patrick.king@metro.us

Not everyone thinks of earning their driver's license as nailing a job interview. But with the introduction of what seems like countless ride apps like Uber and Lyft, is it really that far off? All you need is four wheels and a dream. So what are the best ways to make money with only a driver's license?

If you want to go the route of becoming a certified taxi driver, the process may be harder than you would have imagined. According to the DMV, you will need to provide a laundry list of documents

such as a criminal background check, a driver's history report and proof of residency or U.S. citizenship. Some cab companies may even charge you certain fees to join their team as well as renting a car from the company if you do not have your own.

So how much money can you expect to make working at one of these cab companies? According to a study from the Bureau of Labor Statistics, the "median annual wage for taxi drivers and chauffeurs was \$24,300 in May 2016," with the "lowest 10 percent earning less than \$18,250, and the highest 10 percent earning more than \$38,500." For some, this can be too much of a commitment for the pay.

I spoke with Jayme Gonzalez, a 32-year-old

who does product development and release planning at Sony Music, who decided to start driving for Uber around Westchester County, New York, for a little extra cash on the weekends.

"It seemed like a great way to make extra cash without having an actual time commitment," says Gonzalez. "Having a '9-5' makes it tough to want to pick up an actual second gig so this allows me to use my time as I like."

So how hard is it to get approved to drive for Uber? "It was supereasy," he says. "There are very few barriers to entry. You need to pass a background check, have a clean license and a four-door car, 2002 or newer."

Gonzalez says he generally likes to work one full day during the week-



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end and picks up rides when he has the time during the workweek.

"It's allowed me to just have some extra cash in my pockets for all sorts of random things," he says. "I'm getting married in a few months so it helps there. I own a home, so it helps there as well." So is this a job he sees himself sticking with?

"Long-term, I see me doing it and having it going straight to savings," he says. "It's me turning idle time into money while getting to knock-out my weekly podcast and new music releases. No complaints here!"



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Last-second field goal dooms Giants

Jake Elliott's 61-yard boot lifts Eagles to dramatic walk-off win.



JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

It's gone from bad to worse for the New York Giants.

A 61-yard field goal as time expired from rookie Jake Elliott lifted the Philadelphia Eagles to 27-24 win on Sunday afternoon at Lincoln Financial Field to relegate Big Blue to an 0-3 record this season.

The hosts were set up

FINAL 9/24	
	24
	27

for the win by a 28-yard punt by Brad Wing with 19 seconds remaining after the Giants were unable to pick up a first down to at least force overtime. Carson Wentz's 19-yard completion to Alshon Jeffery with one second left set up the dramatics.

It spoiled what was the Giants' best offensive effort of the season as Eli Manning passed for 366 yards and two touchdowns, both of which went to Odell Beckham Jr., who willed the Giants to a big fourth quarter, one in which they scored all of their points in to temporarily overturn a 14-0 deficit.

Beckham recorded 79 yards while Sterling Shepard led all receivers with 133 yards and a score of his own.

New York's offense looked to have finally made the adjustments

necessary to find some kind of rhythm from the start. With quick slants and compact routes, the ball was getting out of Manning's hands quickly.

But LeGarrette Blount provided the only score of the first half, a one-yard touchdown with 9:34 left in the first half.

They gave the Giants a gift of an opportunity to tie the game, going for it on 4th-and-8 near midfield before Wentz was sacked, giving New York prime field position at the end of the half, but questionable playcalling forced the Giants to turn the ball over on downs.

The Eagles doubled their lead in the third quarter when Wentz hit tight end Zach Ertz on a three-yard quick slant for a touchdown shortly after Manning was picked off for a second time as the Giants looked des-



Jake Elliott knocked home a 61-yard field goal with one second left to lift the Eagles to victory on Sunday. GETTY IMAGES

tined for another lackluster loss.

But they finally got on the scoreboard with 2:31 gone in the fourth quarter when Manning hit Beckham with a 10-yard lob in the back of the end zone, and that's when momentum shifted.

On the game's next offensive play, Ertz was stripped of the football by Landon Collins and picked up by Eli Apple on

Philly's 33-yard-line.

Four plays later, Beckham displayed why he is one of the best receivers in the league, hauling in a four-yard, one-handed catch in the left corner of the end zone through the arm of Eagles cornerback Jalen Mills.

Manning wasn't done though, as his very next throw hit Shepard on a 15-yard hitch and let the second-year receiver do

the rest of the work as he streaked through the Eagles secondary for a 77-yard score.

But Philadelphia found an answer thanks to an Apple pass interference penalty as Corey Clement scampered in from 15 yards out to tie the game with 5:46 left.

The teams traded field goals in the final minutes, setting up Elliott's heroics.



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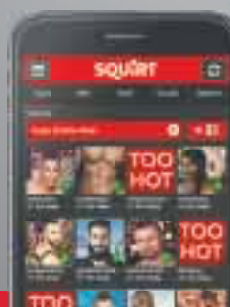
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Jets get off the mark with unlikely win

A New York City-area team has a win and it's the Jets after a decisive win over the Dolphins.



JOE PANTORNO
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So much for an 0-16 season.

The New York Jets dominated the Miami Dolphins on Sunday, picking up a 20-6 Week 3 victory behind a stifling defense and tactical offense.

FINAL 9/17	
	6
	20

For an offense that allowed 818 total yards in their first two games this season, the defense looked like it heeded

the challenge set before them by Todd Bowles two weeks ago, taking out their aggression on Jay Cutler and company.

Miami was held to just 225 total yards on the afternoon, the lowest by far allowed by the Jets this season after they were ripped open by the Buffalo Bills and Oakland Raiders.

New York limited the Dolphins to just 49 total yards in the first half while holding their featured rusher Jay Ajayi to just 12 yards on eight carries. He had 122 yards last week and was expected to run rampant on the Jets after Gang Green allowed 370 yards through the first two weeks of the season.

Ajayi finished with just 16 yards on the ground for the day, a stark contrast from his season opener.

Josh McCown, on the other hand, was able to navigate his way through the Dolphins defense fairly well, com-



Jets wide receiver Robbie Anderson provided the big play of the day with a 69-yard touchdown. GETTY IMAGES

pleting 10 of his first 13 passes.

After a Chandler Catanzaro field goal, McCown hit Robbie Anderson for a 69-yard touchdown to give the

Jets an improbable 10-0 lead with 1:45 to go in the second quarter.

It laid the foundation for a solid effort. While it wasn't flashy, he managed the game as well as

possible given the circumstances of playing on a weaker team.

On the day, he went 18-of-23 for 249 yards and that one touchdown. Six minutes into the

third quarter, the Jets extended their lead further when Bilal Powell pounded home a one-yard scoring rush. It was the first touchdown by a Jets running back this season, a surprising stat for an offense that was supposed to be so reliant on the ground game.

New York's defense held firm, getting McCown and the offense the ball back quickly, allowing the Jets to tack on another field goal to build an insurmountable 20-0 lead.

The Dolphins would snag a touchdown with six seconds left in the game when Cutler hit DeVante Parker from three yards out.

Parker had the most productive day of his Dolphins teammates with eight catches for 76 yards, but it was little consolation for a team that was thoroughly dominated by what was supposed to be one of the worst teams in football.

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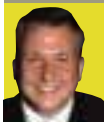
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OPINION



MARC MALUSIS
@marcmalusis

As the much-anticipated divorce between Carmelo Anthony and the Knicks was finally agreed to on Saturday and will become official with a call to the NBA league office on Monday, Knicks fans celebrated in this city.

Give the Knicks credit, they wanted to make a deal that would not hinder them long-term. They could not find a deal to be made with the Houston Rockets because they wanted no part of Ryan Anderson and the three years and \$60 million that he has left on his contract. As media day on Monday approached, the Anthony camp blinked. With a full no-trade clause, Anthony agreed to expand his list of possible teams he would accept a deal to include both the

Cleveland Cavaliers and Oklahoma City Thunder.

Less than 24 hours later, Anthony was a member of the Thunder, traded for Enes Kanter, Doug McDermott and a 2018 second-round draft choice.

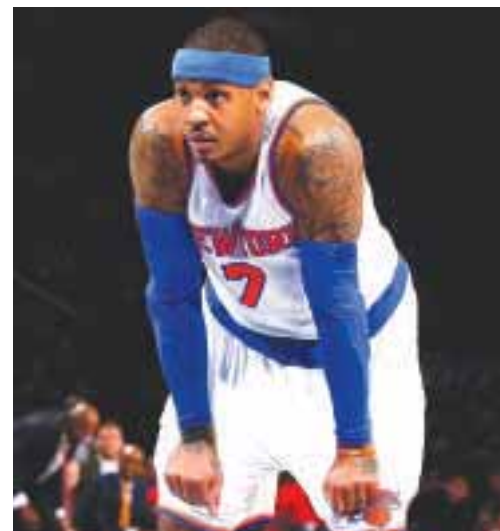
The Knicks get to focus on moving forward without the aging star as they try and build sustained success.

It also means that Anthony gets to play meaningful basketball once again with other star players like Paul George and Russell Westbrook.

Knicks president Steve Mills and general manager Scott Perry hit a home run with this deal. They rid themselves of a distraction in Anthony, whom they no longer wanted, and they added assets that could actually help them now and in the future. There is nothing not to like about this trade.

When Mills announced the signing of restricted free agent Tim Hardaway Jr. at a press conference this past July, he described the new addition "as a versatile wing whose game continues to improve, he will fit right into the core of players that make up a roster emphasizing youth, athleticism, accountability and unselfishness."

Does that sound like a man whose vision for the Knicks moving forward included Carmelo



Carmelo Anthony was dealt to the Thunder on Saturday. GETTY IMAGES

Anthony?

And it was not just the Knicks looking to move on from Melo, it was Anthony that had enough with the Knicks as well. He grew tired of the nonsense and the drama and the lack of growth. Trust me, Melo, all Knicks fan feel the same exact way.

The Knicks needed to rip the Band-Aid off and move on. For the growth of the organization and for the growth of their third-year forward Kristaps Porzingis.

There is no question that Anthony can still play, but in order to find out what Porzingis is as a player, he needed to go.

It just did not work

and the Anthony era will be known as an error more so than anything else. For what it was supposed to be and what it turned out to be, there is no other way to describe it other than disappointing.

Carmelo Anthony moves on and so do the Knicks. He is now in a winning situation where he will be playing meaningful games during the upcoming NBA regular season. As a Syracuse grad and lifelong Knicks fan, I wish him well. For the Knicks, it is about developing young players and looking to build a team for sustained success. Saturday was a good day toward achieving that goal.



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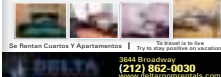
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CENTRAL MORTGAGE COMPANY, Plaintiff, vs.
TEOFILO MENDEZ, ET AL., Defendant(s).

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situate, lying and being in the

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Queens, City and State of

New York, Block 1906 and

Lot 19. Premises will be sold

subject to provisions of filed

Judgment Index # 5557/13.

Dominic A. Villoni, Esq.,

Referee

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Attorneys for Plaintiff

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Across

- 1 Huh?
5 Tap one's fingers
9 Indian potentate (var.)
13 Camel stops
15 Sub -- (secretly)
16 Jeannie portrayer
17 Small broom
18 Noted 500
19 Wintry
20 New Mexico's capital (2 wds.)
22 Genially
24 Sales rep's dom.
26 Strides along
27 Waffled
31 Prima donna's tune
33 Assumed name
34 Tried
39 Haulers
40 Web locales
41 Vindictive Greek goddess
42 Holds spellbound
44 Improvise (hyph.)
45 Cathedral part
46 Ushers' beats
47 Mentally acute
50 Honey
52 Angels' city
54 Was worth it (2 wds.)
59 Nod off
60 One, in Dresden
62 Low point
63 Linoleum measurement

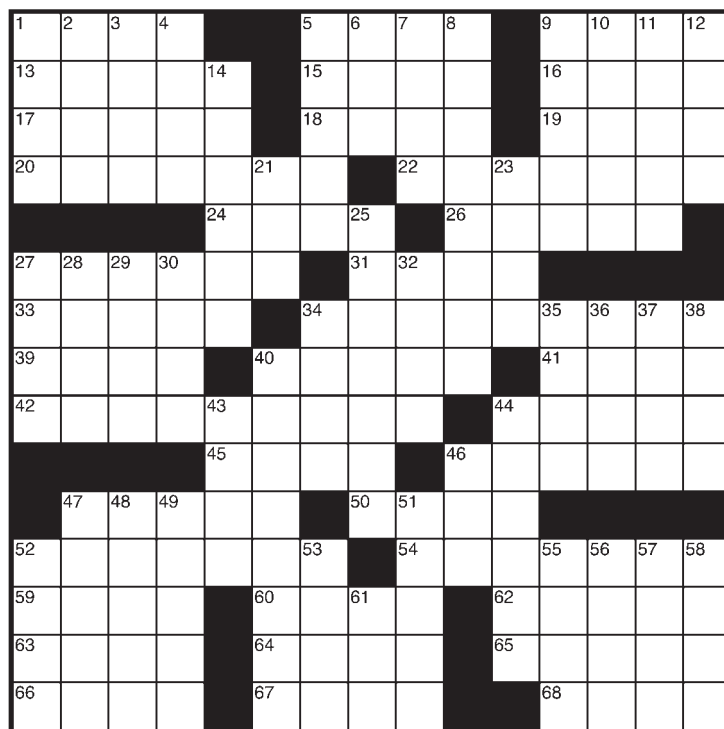
- 64 Kind of gin
65 Small wood
66 Canasta play
67 Decades
68 Nesting place

Down

- 1 Dazzles
2 Merry sound (hyph.)
3 A -- apple
4 Determine the proficiency of
5 Less moist
6 Guitarist -- Wood
7 Farmer's org.
8 Aquatic insects
9 Synopsis
10 Sun-dried brick made of clay and straw
11 Thickens
12 Griffith or Gibb
14 Enjoys the rink

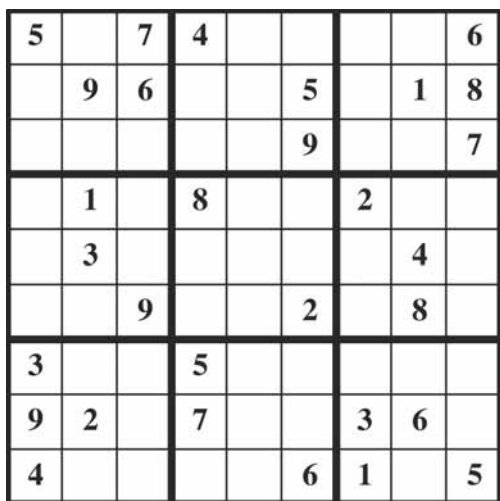
- 21 Gave dinner
23 Pillow filler
25 Disconcerted
27 One of the well-to-do
28 Dash or vivacity
29 Force
30 Bad cut
32 Country addr.
34 Has the flu
35 Advanced degs.
36 Inform
37 Pennsylvania port
38 Applies gently
40 Most mawkish
43 One in a million
44 Being broadcast
46 Shoe width
47 Sleep noisily
48 Greenish-brown
49 In the lead
51 Fencing swords
52 Mr. Sandler
53 Treadmill unit
55 Blowgun projectile
56 Nose stimulus
57 Playing card
58 Unfasten
61 Montreal turndown

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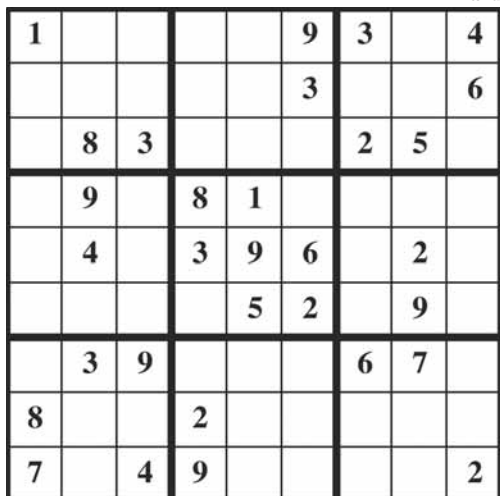


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easy



hard



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Aries Emotional disillusionment will set in if you adopt someone else's beliefs. Don't follow anyone who claims to know it all. Make your own decisions.



Taurus Protect your assets, and negotiate on your own behalf. It's important to effectively control any financial, medical or legal matters that surface without hesitation.



Gemini Disillusionment will set in if you aren't honest about your feelings for someone. Consider your needs and think about how best to satisfy yourself and those you care about.



Cancer Work on personal growth and physical improvements. Trying to change those around you will not turn out the way you want it to. Keep your life simple.



Leo Focus on what you can do, not on your opponents or intransigent situations. Surround yourself with individuals who share similar objectives.



Virgo Deal with stressful situations openly and honestly, and take better care of your emotional and physical health. Refuse to let anyone put unrealistic demands on you.



Libra Consider your options before you make a move. Knowing the pros and cons will make it easier to forgo choices that are too risky. Good fortune comes from good decisions.



Scorpio Be imaginative and use any emotional tension you feel to create something that will bring you satisfaction. Make a promise to someone you love.



Sagittarius Be careful how you treat others and respond to them. It will be easy to get into a no-win situation. Make sure you can back up your assertions with proof.



Capricorn Think before you make an emotional decision. Now is not the time to be a follower or to take on additional debt. Financial awareness will control your stress.



Aquarius Make decisions based on facts, not on feelings. Your returns will be much higher if you think matters through and are cognizant of all your options.



Pisces Being levelheaded and willing to listen and compromise will be the best way to avoid conflict. Channel your energy into creative outlets to ease stress. **EUGENIA LAST**

Yesterday's answers									
KEGS	UTICA	LOBS							
LAIT	NODES	OMIT							
ERGO	DWELT	ANKA							
ELAINE	STUFFIER								
	CURB	TOP							
WHISTLE	ERASES								
EEQ	INST	KNAVE							
ARN	ETHOS	RAW							
VOICE	SHOO	ADE							
ENCORE	LURCHED								
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